

COMING UP AT FBCM



SPRING

# BUSINESS MEETING

JUN 1 | AFTER 11AM SERVICE

**Spring Business Meeting**  
Sun, Jun 1 after the 11am service  
Lunch provided



# GRADUATION CELEBRATION

SUNDAY, JUNE 8

**Graduation Celebration**  
Sun, Jun 8 at 11am Service  
Please forward graduate information to the Church Office



JUNE 21 | 10AM

# FREE CAR WASH

**Outreach Opportunity - Free Car Wash**  
Sat, Jun 21 at 10AM  
Donate snacks & drinks, Wash cars, Converse with neighbors

welcome  
FIRST BAPTIST METUCHEN

**NEW HERE?**  
We are so glad that you are joining us today! We would love to connect with you and care for you in whatever situation you are in.  
Infant (birth to 1 year old) and Toddler (1 to 3 years old) Nurseries, Junior Church (3 years old to 5th grade), and Teen Service are available at the 11:00am Worship Service. Please visit the Welcome Desk.  
We would like to invite you to stop by the Welcome Center for a little gift to say thank you for joining us!

SERVE WITH US



	GENERAL	MISSIONS
2025 Budget:	\$623,569	\$141,808
YTD Budget Need:	\$239,834	\$ 54,542
Expenses:	\$225,115	
Income:	\$197,412	\$ 48,152



Scan the QR code or go to [fbcmonline.org/give](https://fbcmonline.org/give) to give.

**OUR VISION AND MISSION**  
We seek to be a Christ-centered, diverse community, caring for EVERY generation in EVERY situation.

We make a difference by connecting, worshipping, and growing together.



Dr. Alfonse Javed  
Senior Pastor

**CONTACT US**

email: [office@fbcmonline.org](mailto:office@fbcmonline.org)  
phone: 732-548-4279  
website: [FBCMonline.org](https://FBCMonline.org)



@firstbaptistmetuchen



MARRIAGE &  
FAMILY.

MUTUAL SERVICE  
EPHESIANS 5:21-33  
5.18.2025

MORNING SERVICE

Marriage and Family: Mutual Sacrifice

Ephesians 5:21-33 (page 919 of the pew Bible) | Dr Alfonse Javed

In Ephesians 5:21-31, we discover God’s vision for marriage and family—built on the divine principles of **mutual submission, sacrifice, and service.**

1. **Mutual Submission** (v21-24)
- Christian marriage is Spirit-filled mutual submission to God and each other. To avoid misinterpretation, misunderstanding, and misuse of submission, Paul shows three truths about submission:
- A. **The Meaning of Submission** (v21)
- “submit (Gr: *hupotassomai*)” military term: to arrange oneself under another
  - Mutual submission in the church allows all parts to function properly to honor Christ, maintain unity, and confront Satan, the enemy of the church and marriage
- B. **The Motivation for Submission** (v22-23)
- just as soldiers arranged themselves in a formation to confront an enemy in the battle, wives are commanded to arrange themselves under their husbands to confront the enemy
  - the husband needs his wife’s support and aid
- C. **The Manner of Submission** (v24)
- the church is to submit to Christ in everything
  - the wife’s submission to her husband excludes anything that is in opposition to Christ and the Word of God

**Application** Be filled with the Spirit. We cannot submit to Christ or each other without the Spirit

**Appeal** Learn to submit to Jesus first.

**Action Step** Discuss in Small Groups. Come back to hear the rest of the series.

2. **Mutual Sacrifice** (v25-30)
- Paul draws a connection between Christ’s love for us, the church, and the way husbands ought to love their wives. Paul shows three facts about love:
- A. **A Commitment to Selfless Love** (v25)
- Husband should love their wives like Christ loved the church: agape love unconditional, unchanging, and sacrificial irrespective of the actions of the object of that love
- Application** Husbands, loving your wives has very little to do with how you feel and everything to do with what you do to show sacrificial love for her. Love is an action verb.
- B. **A Command to Sanctifying Love** (v26-27)
- Husbands are to protect against impurity, prevail against immorality, and persevere against imperfection.
- Application** Husbands, you are responsible for sanctifying your wives by obeying and applying the Word of God in all areas of your life, including marriage and family.
- C. **A Conviction for Sustaining Love** (v28-30)
- Husbands are to do everything in their power to sustain themselves and their wives for their marriages because they both belong to the same body, the body of Christ.
- Application** Husbands, love your wives with a sacrificial, selfless, and sustaining love.
- Appeal** Teach your children so they understand God’s design and vision for marriage and family.
- Action Step** Make Jesus the standard for loving others, especially in marriage and family.

3. **Mutual Service** (v31-33)
- A. The \_\_\_\_\_ for Mutual Service (v31)
- B. The \_\_\_\_\_ of Mutual Service (v32)
- C. The \_\_\_\_\_ of Mutual Service (v33)

Application

Appeal

Action Step

THIS WEEK

Sunday, May 18

- 8:30am Early Morning Worship Service | Sanctuary
- 9:45am Small Group | Andy & Patricia Kobayashi | Room 206
- 9:45am Sunday School | children, teen, adult | Rooms & Zoom
- 11:00am Late Morning Worship Service | Sanctuary & Online
- ~11:20am Teen Service | Room 209
- 1:00pm Small Group | Ed & Dina O’Connor | Room 206

Monday, May 19

- 7:00pm Adult Men’s Basketball | Gym
- 7:00pm Small Group | Bill & Debs Gorsky | Residence

Tuesday, May 20

- 7:00pm Small Group | Renovate Young Adults | Third Floor Café
- 7:30pm Small Group | Bruce & Mindy Emerson | Room 208

Wednesday, May 21

- 7:00pm Youth Group | grades 6-12
- 7:30pm Midweek Service | Room 105 & Zoom

Thursday, May 22

- 10:00am Small Group | Morning Ladies Bible Study | Conference Room 105
- 7:30pm Small Group | Evening Ladies Bible Study | Residence
- 7:30pm Small Group | Pastor Alfonse & Sarah Javed | Residence
- 7:30pm Small Group | Wayne & Marilyn Langhoff | Residence
- 8:00pm Small Group | Pastor James Miller | Zoom

Friday, May 23

- 7:30pm Small Group | Joe & Anne Lai | Residence & Zoom

Saturday, May 24

- 6:30pm Small Group | Young Couples | Residence

Sunday, May 25


- 8:30am Early Morning Worship Service | Sanctuary
- 9:45am Sunday School | children, teen, adult | Rooms & Zoom
- 11:00am Late Morning Worship Service | Sanctuary & Online
- ~11:20am Teen Service | Room 209
- 1:00pm Small Group | Ed & Dina O’Connor | Room 206

PRAY WITH US


MINISTRY OF THE WEEK

ADULT SUNDAY SCHOOL

9:45am



For more information,

 Pastor Jim Miller

- Current Topics
  - 1 & 2 Timothy and Titus (Room 209)
  - Acts (Room 210)
- Upcoming Topics
  - Hebrews May 25 (Room 209)
  - The Ruthless Elimination of Hurry (Video) Jun 8 (Room 210)

MISSIONARY OF THE WEEK

MARVIN & DENISE ROBINSON

Missions Door | Rochester, NY



- Retiring from full-time status at the end of 2025
- Ministering in government-subsidized housing developments and in the inner city
- Open evangelism
- Bible clubs for children
- Projects for the elderly



GET CONNECTED

Download the Church Center app